

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
April, 2016

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www.sonsofnorwaysacramento.com.

*Intrepid Reporter: Dick Tracysen (currently on leave
and residing at the Betty Ford Clinic)*



A MESSAGE FROM THE LODGE PRESIDENT:



Hello again,

As reported last month, **Ron Byrd** resigned as President of the Lodge, as of February 16th. I agreed to serve out his term as president, if nominated and subsequently elected. I was elected to the position at our March 8th meeting. I appreciate the confidence the lodge has expressed by electing me to this position. Also, I take comfort in the fact that we have others willing to step up and do the heavy lifting, as most recently demonstrated by the participation of many folks in our very successful Torsk dinner event. I do hope, though, that one or more persons will emerge as presidential candidates for 2017, as this is the second time around for me, having most recently served in 2013-2014.

We have an attractive schedule of events for the remainder of the year, as listed elsewhere in this Navigator. Most of these are designed to help us remember the heritage and culture of Norway, which is a good part of what Sons of Norway is all about. At our April meeting we will be enjoying our Pea Soup supper, an event we have almost every year. Also, in the planned short business meeting, we will be receive Hall & Park's annual report to the members.

I am personally saddened, as are all who knew him well, by the recent sudden death of our District 6 Past President and until now International Director, **Lyle Berge** (more information elsewhere in this Navigator). He was always upbeat and interested in getting things done. Moreover, he would call me from time to time and chuckle over my sophomoric attempts at humor in this tome – always nice to get a little positive feedback!

So, we hope to see you at our Pea Soup supper or future events, and don't hesitate to look for ways to help out. Suggestions always welcome. Thanks!

President Steve

SIDEBARS FROM THE EDITOR...

NORWEGIAN CLASSES AVAILABLE

Lodge member **Eric Swanson** sponsors Norwegian classes at his house in Folsom on the 1st, 3rd, 4th and 5th Wednesdays of the month. Please contact him for details: 916/225-3620, swannest@hotmail.com.

DISTRICT 6 CONVENTION

District Six Convention 2016
June 19th-22nd in Loveland, CO



Come for the convention...stay for the
Midsummer Festival in Estes Park
June 25th and 26th.

Webpages:
Convention: www.D6in16.com
Estes Park: www.estesmidsummer.com



"Mining Our Heritage"

This biennial convention begins June 19 in Loveland, Colorado. Our lodge delegates who were elected at a recent lodge meeting and will be attending include **Stephen Rosenthal, Joe and LaRena Hannon, Ann Sandner, and Donna and Mike Gordon**. However, any Sons of Norway member can attend and enjoy the event. This area of the country is a wonderful place to visit this time of year. Check out the D6 website for more information. Also, from that site you can connect to the convention site and view our Roald Amundsen Lodge good will message for a successful convention.

ANNIVERSARY MEMBERSHIP PINS

Congratulations to the following long time member(s) of Sons of Norway who have earned pins as of this month (April).

- Hester Gehling—45 years**
- Milford Johnson—35 years**
- Eloise Holdahl—20 years**
- Patricia Gedestad—65 years**
- Spencer Gedestad—65 years**
- Beatrice Lien—65 years**

Wow! 65 years ago! The country was in the middle of Korean War. Color TV was first introduced in the US. If you were alive then, what were you doing?

PEA SOUP SUPPER ON THE 12TH!

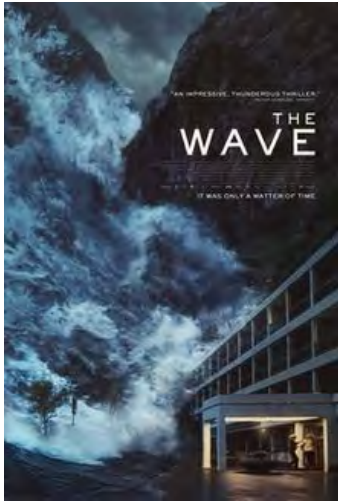


It is too late to reserve for this, as the signup mail in date was April 2nd.

However, there will be a monthly business meeting after the dinner, at approximately 7:30, which is open, of course, to lodge members whether or not they are partaking of the supper. The annual Hall & Park financial report will be presented in that meeting.

SIDEBARS (Continued from page 2)

CURRENT NORWEGIAN MOVIE SHOWING IN THE US



A 2015 Norwegian movie, titled *The Wave*, is currently playing in US theaters, including in the Bay area. The film scene is a small Norwegian village, called Geiranger, which is threatened when a huge mass of rock tumbles into a fjord, setting off a huge 300 foot tsunami. With only 10 minutes to escape the approach-

ing catastrophe, the villagers must rush to the mountains before the wave engulfs them all.

Norway is a rockslide prone area and *The Wave* is based on a rock-slide tsunami incident which destroyed a Norwegian town on 7 April 1934, killing 40 people. Prior to that in 1905, a similar incident triggered a tsunami killing 60 people, and 31 years later, another 74 lost their lives.

The film had its international premiere at the 2015 Toronto International Film Festival in September 2015. It sold around 800,000 tickets in Norway, and grossed a total of US\$8.2 million at the Norwegian box office, becoming the highest grossing film of 2015 in Norway.

The film received positive reviews from critics, with praise aimed at the performances of the cast (mostly the two protagonists), cinematography, score and visual effects. The special effects were lauded by critics, receiving favorable comparison with those of Hollywood. There was an interesting review of the film in the March 23rd *New Yorker* magazine.

In Norwegian with English subtitles. If it doesn't come to our theaters, it will nevertheless probably be available on Netflix. Watch for it. (Information mostly from Wikipedia).



Erin "Mac the Knife" Bradley using cleaver to show the Torsk who is boss at recent Torsk dinner.




Scandinavian Midsummer Festival

Bond Park at ESTES PARK
E. Elkhorn & MacGregor


June 24-26


Fri 4-9
Sat 9:30-5
Sun 9:30-4

Arts & Crafts, Music, Dancing
Food, Cultural Tent, Children's Crafts
Classic Saab & Volvo Auto Show
Fjellborg Vikings, Beer Krog
Silent Auction, Raffle


www.estesmidsummer.com






IN MEMORY OF LYLE BERGE

SON International Director, former District 6 President
1934-2016



Lyle died suddenly on March 3rd. He was originally from South Dakota and grew up there, attending one room schools before graduating from Garretson High School, South Dakota, in 1952, in a class of only 30 students.

He attended several colleges, served in the Army, worked for a number of companies over the years, and was married three times. He is survived by two children by his first wife. He had lived at various times in Minnesota, Denver, Pueblo, Colorado Springs, and finally Thornton, Colorado.

Lyle joined Fjellheim Lodge, Sons of Norway, in June 1985 and became quite active locally after moving to Colorado Springs in 1992. He was lodge President in 1996 and 1997 and Lodge Hall President from 1999-2002. His first District Six office as Public Relations Officer began with the election in 1998; other offices were continuously held, including District President from 2010-2014. At the June 2014 convention he was elected to a four-year term on the International Board. During his term as President he also actively served on the district's Camp Norge board in Alta, Calif., plus on the District (8) President's Council in Minneapolis.

Services were held March 18th at Advent Lutheran Church in Westminster, Colorado.

Lyle was well known by many persons in District 6 and our lodge, and universally liked. He was very supportive of Camp Norge. He will be missed. Memorials could be made to Sons of Norway, Attn: Foundation, in memory of Lyle Berge.

IN MEMORIAM—ERIK JENSEN



Erik Jensen, who was a Roald Amundsen Lodge member for many years, passed on March 26th, and a Memorial Service was held April 1st at the Harry A Nauman & Son funeral home in South Sacramento. Several members of the lodge were in attendance.

Erik was born in Oslo, Norway in 1933, and immigrated to the U.S. in 1959 to attend Washington State University. He retired from the U.S. Army Corps of Engineers after many years of dedicated service as a Mechanical Engineer.

He is survived by his two children, **Arne Jensen & Laura Jensen Siddique**, both of whom are members of Roald Amundsen Lodge, as well as by three grandchildren: **Angelina Jensen, and Olivia and Omar Siddique**, all three of whom participate in Camp Norge youth camp activities.

Many long time members will remember Erik's quick smile and engaging personality. Roald Amundsen Lodge extends condolences to the surviving family.

THE VIKINGS IN THE ORKNEYS AND THE SHETLANDS

by Carol Francis (excerpts from her talk at the Torsk Dinner)

As a result of better weather and harvests, Norwegians went through a population boom in the 700s and 800s CE. They were already strapped for farmland in a country where only 3% of the land could be cultivated, and the small farms could not support more people. So, brave souls set sail with their families for the nearby Shetland Islands first, and lived much like they did in western Norway: they were primarily fishermen with a small strip of land. They then moved on to the Orkneys before 800 CE, as it had excellent farmland. Here the Norwegians primarily were farmers but with a small boats as well. This started a relationship with the northern Scottish Islands that formally lasted until 1468.

The Norwegians continued their exodus, founding lasting settlements in the Faroe Islands by about 800 CE. They moved to the Outer Hebrides and western Scottish Islands in the 800s. Here their influence was more transient, as it was when they moved to Ireland in about 840. While most people were settlers, they are remembered most for Viking raids on monasteries and churches in the British Isles, starting the Viking Age in 793 AD with their raid on Lindisfarne.



Residents of the Orkneys were forced into serfdom with the first Scottish Earls in 1232, but have regained their prosperity in more modern times. The Shetlands retained more of their Norwegian lifestyle, and helped Norwegians with the Shetland Bus during World War II. They have prospered with the oil in the North Sea like Norwegians have.

Recent DNA tests in the Orkneys and Shetlands showed 60% Norwegian DNA from both mothers and fathers, one lasting Norwegian legacy. In contrast, DNA in the western Scottish Isles and west coast of Scotland show 30% Norwegian DNA, from the father's side.

Whole families came to the northern isles, as compared to single raiders and settlers down the Scottish coast.

The Vikings definitely survived in the Shetlands, with the New Year's celebration Up Helly Aa on the last Tuesday of January each year. The day after is also a holiday in Lerwick, as much of the male population is probably too hung over to work. Culmination of the festivities is the burning of a life-scale Viking ship. *Note—Carol had a much more extensive presentation. Perhaps it can be offered again sometime. —Ed.*

FLASH! COINCIDENTAL DEVELOPMENT: NORWAY TO BUY SHETLAND ISLANDS!

Norway will tap into its sovereign wealth fund to purchase the Shetland Islands from the UK, both countries announced on Friday. Neither side was willing to divulge the financial details of the plan, which will see the archipelago return to its Viking roots.

Shetland is actually closer to Norway than it is to the Scottish capital of Edinburgh and was under Norwegian control from the 9th century until it was transferred to the Scottish King James III in 1472.

As part of the deal, the roughly 23,000 inhabitants of the islands will be given the option to become Norwegian citizens or to relocate to mainland Scotland within 180 days of the deal's formal completion.

TORSK AND MEATBALL DINNER, 2016



Despite being the day before Easter, our Torsk and Meatball dinner held on March 26th was a big success, with eighty hungry diners in attendance. Co-Chairs **David Bailey and Carol Francis** had the work well divided, with David securing the cooking team, doing the shopping, and handling the cooking equipment in the storage shed. Carol got the Torsk (Icelandic cod) from the Rosville Meat Company, lefse from Granrud's Lefse Shack in Montana, and worked with the meat ball crew: **Sharon Brooks, Lyla Hansen, Pat Harriman, and Ann Sandner. Carol Lee Solheim** took reservations, and also did most of the appetizers for the dinner.

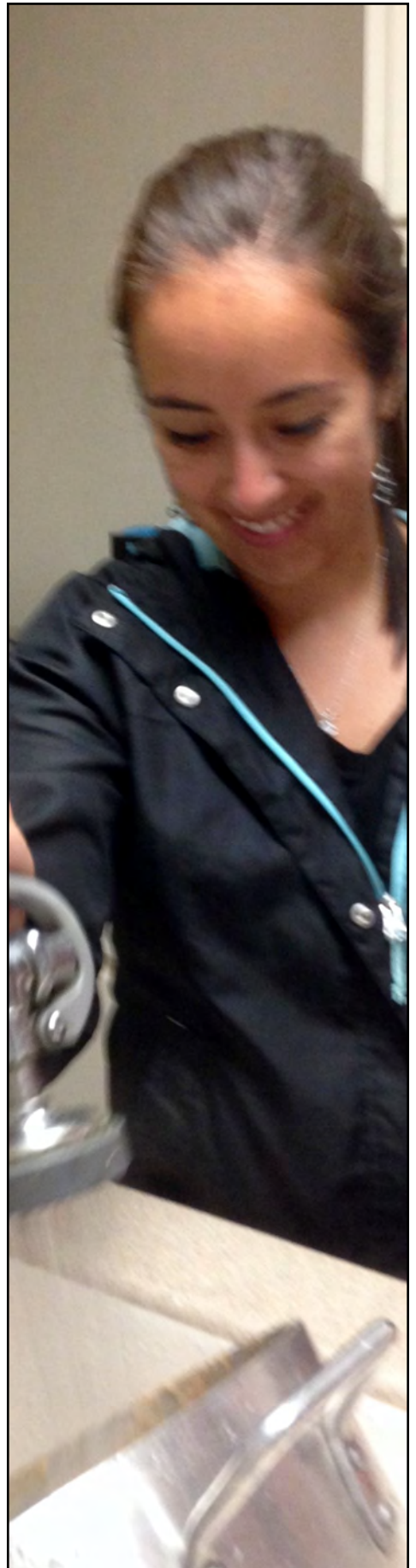
Head chef **Kirsten Malme** did a great job preparing the dinner with her two daughters **Katrina and April**, and her niece **Erin Bradley**. Helping with set-up, decorations, other food prep, and serving were: **Trevor and Haley Breed, Sharon Brooks, Pat Harriman, Lois MacNeil, Sonja Malme, Terje Miller, Carleton and Carol Peterson**. Cookie bakers included **Haley Breed, Donna Gordon, Gwen Lokke, and Tove-Lise Miller**. We enjoyed having fourteen members of the **Duane Anderson family** (although his taller brother **Harald** was quick to point out that the other family members were not his fault). Carol Francis presented a cultural program on the Vikings in the Orkneys and the Shetlands (reported elsewhere).

The entire assemblage helped with the cleanup, with a few people staying to the very end: **Mike and Dorothy Jones, Eric Malme, Kai and Nicole Miller, Elaine Troseth**, and probably more who deserve a thank you. **Koll and Kelin Malme** deserve special mention for making sure that every piece of chocolate was out of the Easter eggs so that we could reuse the Easter basket decorations next year (a gift from **LaRena and Joe Hannon**). The boys left with big smiles and large bags of chocolate, probably to the consternation of their health conscious parents... *by Carol Francis.*

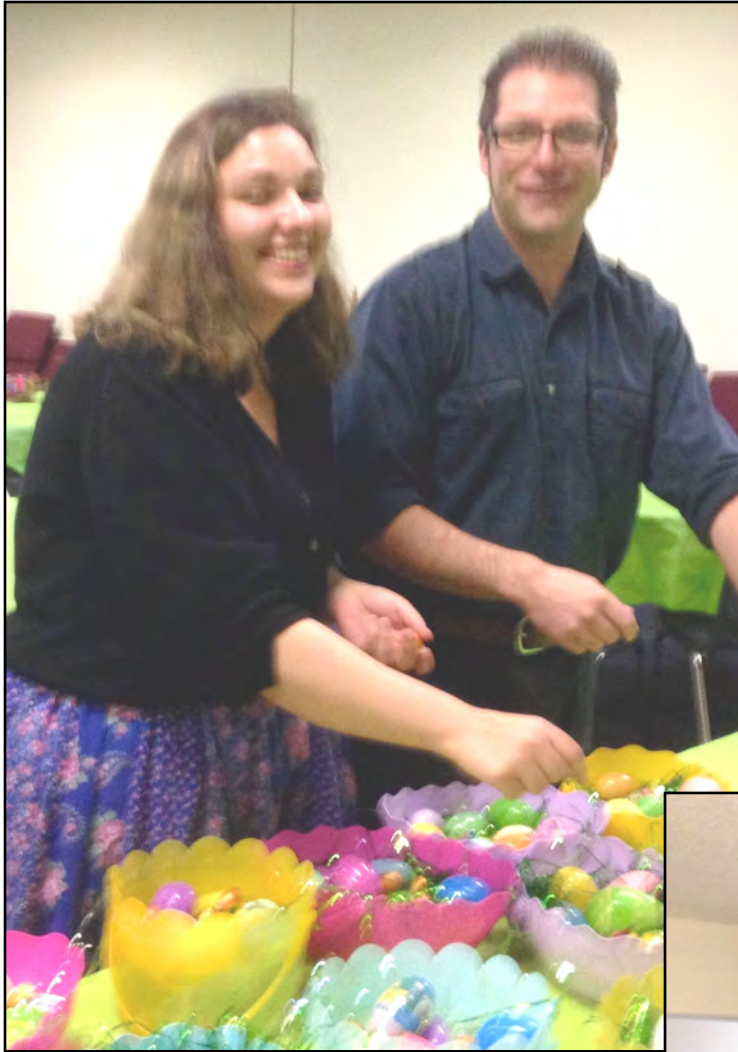
(Photo captions on page 9)



See page 9 for captions.







Torsk Dinner photo captions. Page 6: Co-chair Dave Bailey inspecting the Torsk with head chef Kirsten Wyatt; April Wyatt serving meatballs. Page 7: Carleton Peterson helping set up; Carol Lee Solheim arranging the hors d'oeuvre; Katrina Wyatt at work in the scullery. Page 8: The meatball crew; the lefse crew; part of the serving crew. Page 9: Haley and Trevor Breed sorting eggs; Dinner Co-chair and program provider Carol Francis handing out things for kids shortly before giving her cultural presentation; Don Lewison and Richard Reidburn in serving line. Also see page 4.



SUMMER YOUTH CAMPS AND LODGE SCHOLARSHIPS

Camp Trollfjell for 8-13 year olds at the time camp begins will run from July 10-26. Classes will again be in **Rosemaling, Folk Dancing, Heritage, Crafts, and Norwegian Language**. This year campers will learn money management with bank books, Norwegian Krone currency, a daily Kanteen for purchasing special treats, and much more authentic Norwegian food at mealtimes.

Camp Trollfjell Folkehogskule for 14-17 year olds at the time camp begins will run from June 26-July 9. Some of the experiences will include **Culinary Arts, Carpentry and Handverk**.

A camper must be a child, grandchild, great-grandchild of a District Six Sons of Norway member in good standing.

Cost for each camp is \$975. There is a \$100 early bird discount for returning campers if registered by May 17. A late fee of 10% is applied if registering after June 20. **Registration is now open at Sons of Norway District 6 website, under the "Youth" drop down menu.**

Executive Director **Erik Peters** and Assistant Director **Clayton Davis** are hard at work preparing fantastic experiences for our Heritage Members. Again, for more information, check out the District Six website--- www.sofn6.org. The camper application can be filled out on-line.

Also, the camp accepting applications for Counselors and other staff positions.

Roald Amundsen Lodge will provide scholarships for campers whose Parents, Grandparents, Aunts, Uncles or Guardians are members of the lodge.

Roald Amundsen Lodge will provide one-half of tuition scholarships (\$437.50) to the camp for returning campers. If they fail to register in time for the early bird discount, and/or register so late that they are subject to the late fee, the extra cost will be the responsibility of the camper. In other words, the maximum scholarship amount is \$437.50.

Roald Amundsen Lodge will provide one-half of tuition scholarships (\$487.50) to the camp for qualified lodge children and grandchildren who are properly registered for the camp with their portion of the tuition paid. If they are late registering, the extra 10% cost will be the camper's responsibility. Contact the Foundation Director, Donna Gordon, for detailed information. (justfordonna@surewest.net) – Donna Gordon



SCHOLARSHIP APPLICATION
LANGUAGE/HERITAGE CAMPS

CAMP TROLLFJELL OR TROLLFJELL FOLKEHOGSKULE (CIRCLE ONE)

Name:

Address:

Telephone number:

Email:

Please write a letter as to why you want to attend, and **what you hope** to learn at camp.

Who belongs to Sons of Norway in your family? (Parents, Grandparents, Aunts, Uncles or Guardians)

The lodge name and number that they belong to:

Part of your commitment in accepting this scholarship is to report back to the lodge about your experience at the September lodge BBQ and meeting scheduled for Sunday afternoon, September 18th.

Please submit this application and your letter about attending to

Foundation Director: Donna Gordon
5245 McKenzie Glen Court
Carmichael, CA 95608
Justfordonna@surewest.net

NOTE: THE APPLICANT MUST ALSO APPLY SEPARATELY AND DIRECTLY TO THE LANGUAGE/HERITAGE CAMP (TROLL FJELL OR FOLKEHOGSKULE) AND BE ACCEPTED BEFORE THE SCHOLARSHIP MONEY WILL BE SENT TO THE TREASURER OF THE CAMP.

NOTICE—IF YOU READ THE NEWSLETTER, PLEASE READ THIS -

Many organizations have discontinued the distribution of their newsletters via US mail. We estimate that if we sent hardcopy newsletters only to those who do not have email service, we could easily save \$100 month just in printing costs. This would pay for 217 first class stamps – well more than we would need to send out paper newsletters to those folks who do not have e-mail.

Although there are other cost considerations, there are also benefits to be had by curtailing mailings. Sending the relatively few remaining hardcopy newsletters that we would be obliged to send by first class mail would greatly reduce the workload on the lodge Publisher (a volunteer job, of course), and recipients would receive them on a more timely basis. As thing stand now, each year the Publisher has to buy a license to send out the newsletter by bulk mail. The newsletters have to be assembled, sealed, and delivered to the main post office in West Sacramento in order to be sent by bulk mail. Also, we have to send extra copies to “ghosts” – that is, extra copies to some people in order to hit the 200 count minimum to qualify for a bulk mailing. And, of course, the newsletter can only be mailed as a black and white version.

We have not adopted this policy yet – you are welcome to let your officers know your opinions about this proposal.

**Roald Amundsen 6-48
Sons of Norway
P.O. Box 3734
Citrus Heights CA 95611-3734**

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Permit #124**

Return Service Requested

Roald Amundsen Lodge Website: <http://www.sonsofnorwaysacramento.com>.

LODGE SCHEDULE, REMAINDER OF 2016

(All events at the Masonic Center, 5944 San Juan Avenue, Citrus Heights 95610, unless shown otherwise)

April 12, Tuesday, 6:30 pm	Pea Soup Supper and Meeting
May (pending)	17 th of May Picnic, venue TBD
June 19-22	District 6 Convention, Loveland, CO
Aug 25-27	International Convention, Tacoma
Sept. 18, Sunday	BBQ Social and Camp Kids reports
Oct. 1, Saturday, 10 am – 4 pm	Scandinavian Festival, Divine Savior Cath. Church
Nov. 19, Saturday, 10 am – 2:30 pm	Vikingfest
Dec. 11, Sunday, 5 pm	Julebord Dinner
Dec. 18, Sunday (planned)	Family Christmas Party, Luth. Church of Good Shepard

Additionally, there are 7 pm second Tuesday meetings scheduled for May, June, October and November.